

The Power of Living Joyfully: Setting and Achieving Goals that Enrich Your Life

High Level Goals

Life Category	What is it you want?	Why do you want it?	How do you want to feel when you have it?	Projected completion date or indicate ongoing
<i>Example: Career</i>	<i>Project management certification</i>	<i>Provides official demonstration of a key strength making me more competitive in the job market. Certified project managers make more \$\$</i>	<i>Very proud for earning the certificate because I know I'm a great project manager and now I can earn more \$\$ for doing what I do best</i>	<i>Three month course: March - May</i>